## Teach Your Child to Help Around the House



- 1. It's important for your child to learn how to help around at home...
- 2. As your child gets older and learns new tasks think about ways that these new skills can be used to help out at home:
  - Baking can be a great way to practice math
  - Folding laundry can be great experience for working in a clothing store
  - Looking through the newspaper for coupons is a good way to practice reading
  - Pulling weeds in the garden is a good way to learn about biology and botany
  - Vacuuming helps to build muscles and hand-eye coordination
  - Cooking is a great way to teach the importance of healthy eating
- 3. Be creative in the ways that you involve your child- every family is different so have fun discovering what works in your home.
- 4. Expecting your child to help out at home will teach responsibility and will help your child to feel like a helpful part of the family...

